### books.telegraph.co.uk

Find many more paperback reviews online

## BESTSFLI FRS

#### **NON-FICTION** Hardbacks

Last week's ratings in brackets

(3) Jamie's Ministry of Food: Anyone Can Learn to Cook in 24 Hours

by Jamie Oliver (Michael Joseph, £25)

2 (1) At My Mother's Knee...: and Other Low Joints by Paul O'Grady (Bantam, £18.99)

2(4) Parky: My Autobiography by Michael Parkinson (Hodder, £20)

4 (6) **Dear Fatty** by Dawn French (Century, £18.99)

(2) Guinness World Records: 2009 (Guinness World Records, £20)

#### **Paperbacks**

1 (1) The Duchess by Amanda Foreman (HarperPerennial, £7.99)

2 (2) The Suspicions of MrWhicher: or the Murder at Road Hill House

by Kate Summerscale (Bloomsbury, £11.99)

3 (3) Shakespeare: the World as a Stage by Bill Bryson (HarperPerennial, £7.99)

4 (4) Spilling the Beans by Clarissa Dickson Wright (Hodder, £7.99)

(-) Do Polar Bears Get Lonely?: and 97 Other Intriguing Science Questions by Mick O'Hare (Profile, £7.99)

# PICK OF THE PAPERBACKS



The Presence by Dannie Abse Vintage, £8.99

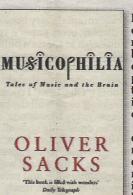
The Presence began as a diary kept by the poet Dannie

Abse the year after his wife's sudden death in 2005. Reading the book feels like intruding on a grieving man's thoughts. The 'presence" is his wife Joan, though it is her absence that shadows the diary entries. Abse quotes verse at length from writers such as Henry King and Amir Gilboa, as if making a personal scrapbook. His poet's eye is sharpest outlining his life in mourning, as when he ruminates on the quiet of his house and empty bed. Encompassing sorrow and remembrance of joy, The Presence provides a delicate map of loss. Heather McRobie 7.5/10

Musicophilia by Oliver Sacks Picador, £8.99

Oliver Sacks is the outstanding popular writer about the brain. In books such as Awakenings and The Man Who Mistook His Wife for a Hat, he told lucid and affectionate stories of neurological

patients, which describe the strangeness of their world and reveal obscure aspects of human consciousness. Musicophilia asks what is special about music and what it tells us about ourselves. He relates the histories of his own patients and also those of his many correspondents.



**Explanations** of the neurological basis for these experiences provide the book's intellectual counterpoint.

Sacks describes how music may dominate the mind or elude it completely; how the energy of Tourette's

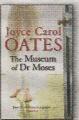
may be translated into musical rhythms; how only music may connect with some patients profoundly lost in dementia. Through anecdote, argument and science, Musicophilia makes a passionate case for music as a way to discover our selves. Christopher Hands 8/10



The Bu Traged by Jacob Weisber Bloomsbur

This biograp of Geor Bush fo

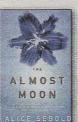
on his relationship with father. The first Bush w cautious and patrician; second is decisive and, his Ivy League educatio prefers to play the cowl Sadly for us, their confli has been played out on world stage. Jacob Weis overplays the tragic din (Senior as Henry IV, Du Prince Hal, Jeb as Hots more interesting are the revelations of Bush's cu and malice: he panders to evangelical leaders h privately calls "wackos" and Karl Rove is never to his birthday parties. Sameer Rahim



The Museum of Dr Moses by Joyce Carol Oates Quercus, £7.99

Each tale in Joyce Carol Oates's superb

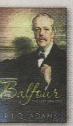
collection of short stories is an exploration of human weakness and power, and in each the suspense is maintained to the final moment. The title story is an affecting horror story based on the power of the imagination. Others focus on unpredictable violence and the thin line between madness and sanity - though there is little authorial moralising. Oates's storytelling is aided by impressive pacing and quirky characters. Her direct prose carries the reader successfully through the narrative. lo Caird 5/10



The Almost Moon by Alice Sebold Picador, £7.99

Alice Sebold, the author of The Lovely Bones, has written a

novel as bleak and violent as that enormously successful first novel. In an act motivated by both mercy and frustration, Helen Knightly kills her elderly and senile mother, a woman who never gave her daughter the love that she craved. The hours and days that follow, in which Helen comes to realise the magnitude of her actions and almost loses herself in reflecting on her damaged past, is an effective portrait of repressed American family life. Sebold's prose tries hard to shock at many points, but her story is undeniably 6/10 gripping. JC



Balfour by RJQ Adams John Murray, £12.99

Although "Balfourian" became a byword for measured appraisal,

Balfour's life was one of spectacular engagement with his age. In a political career spanning the Boer war and the First World War, he remained the fulcrum of successive governments. RJQ Adams's impeccably researched biography deals confidently with personal intrigue and international crisis. As PM, Balfour took a low view of politics: "too pretty to be called 'tragedy' and too dull to deserve the name 'comedy'". But the machinations of power are compelling, and Adams's study as prolific as his subject. Jonathan Bray 7.5/10



Not Qu World's by John

> anywhe John Si hasn't The for

instalment of Simpson' memoirs takes us from to the Congo, from Bag Broadway. "I spend mu my professional life goi the kind of place that se people avoid," he writes and our news coverage is immensely richer for Iraq features prominent described with anger an subtlety, qualities often from the world of 24-ho rolling news. Simpson's fatherhood adds a touch gloss to the experiences the grand maverick of t BBC foreign desk, here his rumbustious, grump humorous best. JB